

#### Independent living in an ageing society - some remarks on demand and supply of telecare solutions in the European Union

#### by

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#### **Research context**



Market-oriented study on the IST-related needs of older people (2000/02)

IST = Information Society Technologies



Home-Care Management Systems (2000/02)

AOP-IS

The Older Generation and the Information Society (1998/99)

MarTel

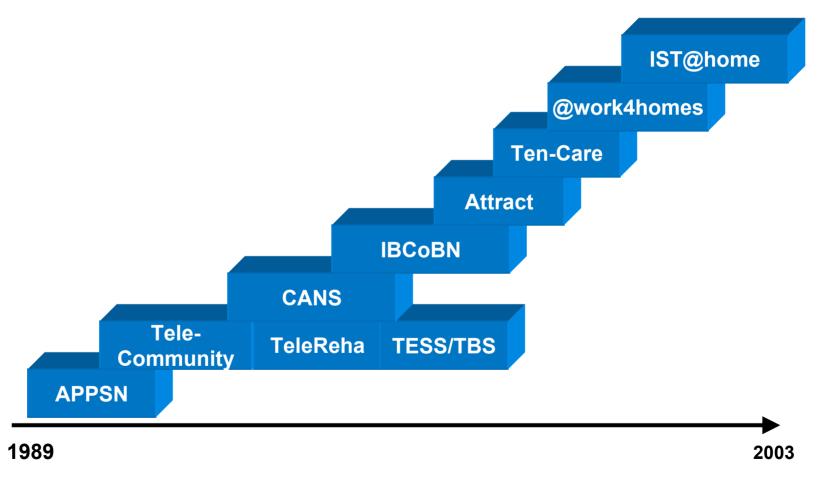
Technology and care for Europe's Older Citizens (1994/95)

MART

Market-oriented study on telecommunications-based assistive technology, (1994/95)



### Selected home care pilots involving older people across the EU





# The care challenge - Prevalence of chronic diseases among the EU 50+ population

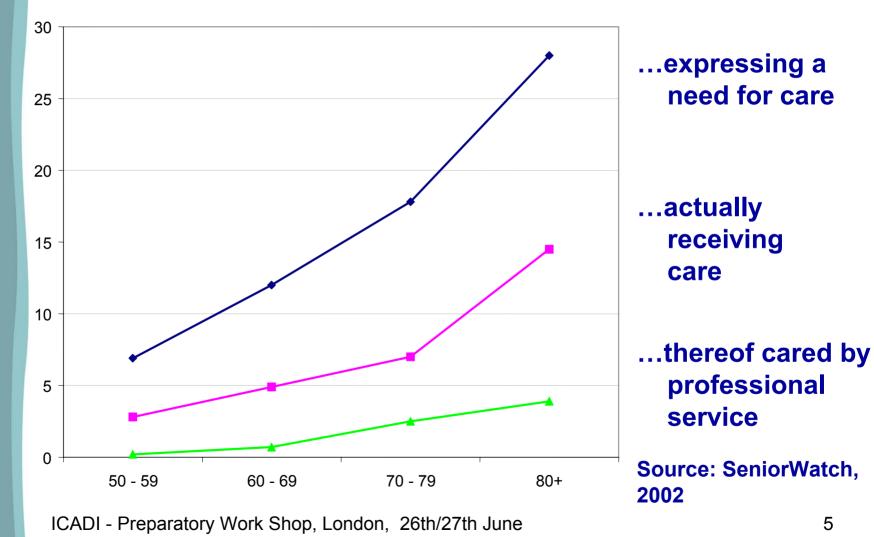
Age	Prevalence in %				
Disease	Total	50-59	60-69	70-79	80 +
High blood pressure	33.7	23.1	34.8	44.9	41.7
Heart disease	16.8	7.4	14.5	27.4	35.7
Chronic respiratory disease	8.5	5.4	8.8	11.5	11.4
Diabetes mellitus	9.2	6.8	9.4	12.2	10.1
Joint/bone/muscle diseases	25.6	18.9	27.0	30.3	35.2
Other long term condition	18.7	16.7	18.5	20.9	22.2
At least one chronic disease	62.0	49.0	64.2	73.4	74.0

#### Source: SeniorWatch, 2002

#### The European 'care gap'

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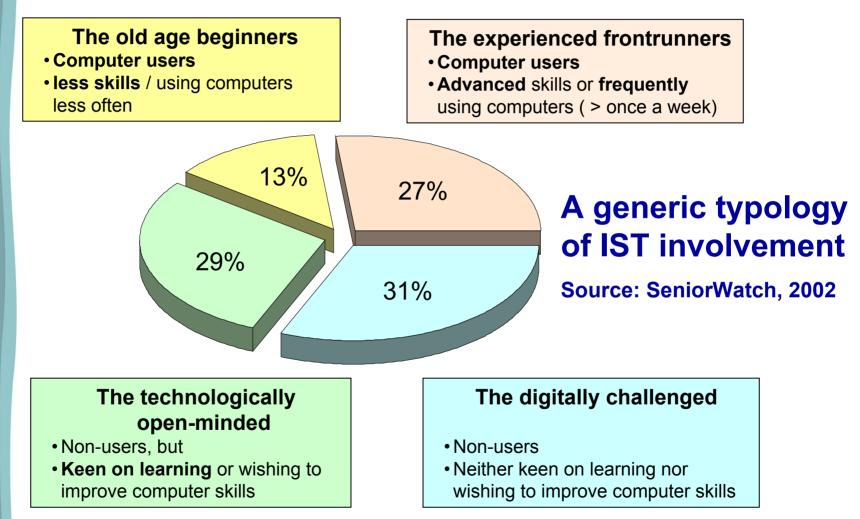
#### **Percentage of EU 50 population (2001)**



### The growing importance of (tele)home care services in Europe

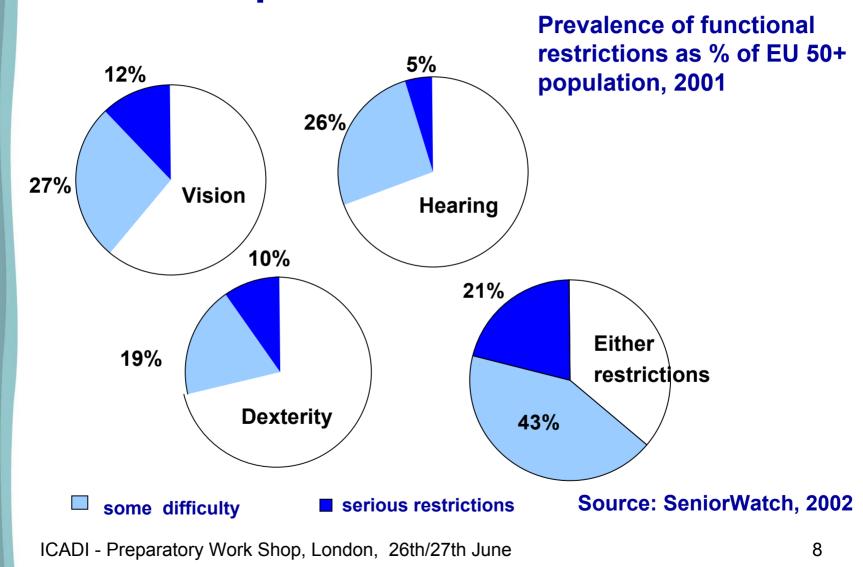
- Rapidly growing number of frail older people in need of care while the number of family carers diminishes
- Home care is the most prevalent form of care service delivery to older people in Europe (only about 5% live in institutional settings)
- All European Union Member States pursue a policy which explicitly prefers home care to institutional care
- Some countries have implemented a moratorium with regard to building new institutional homes
- IST products and services hold the promise to help meeting these economic and societal challenges

### Are older Europeans ready to utilise IST solutions for their purposes ?



### Functional restriction often hinder full scale IST uptake

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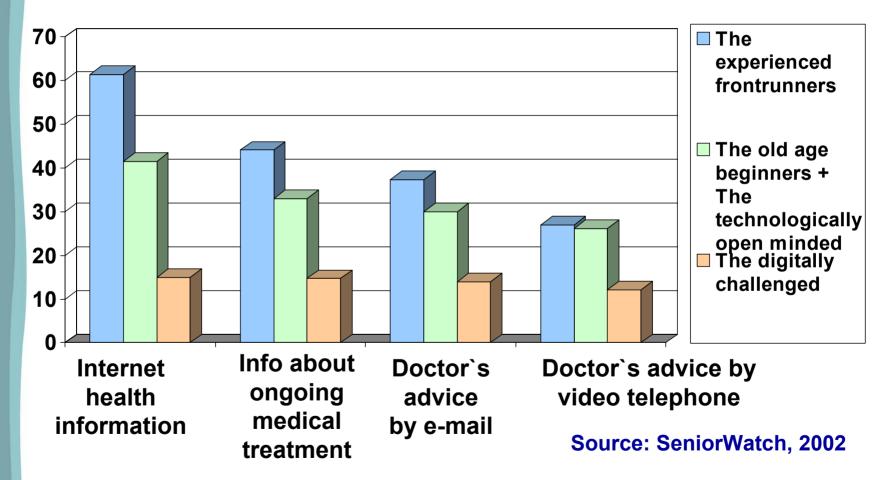
# Market potential for IST-based solutions re the chronically ill

	Chronica	lly ill citizens	All 50+ citizens	
	percent [%]	absolute [million]	percent [%]	
The experienced frontrunners	22%	17 m	31%	
Old age beginners + technologically open minded	43%	32 m	42%	
The digitally challenged	35%	26 m	27%	

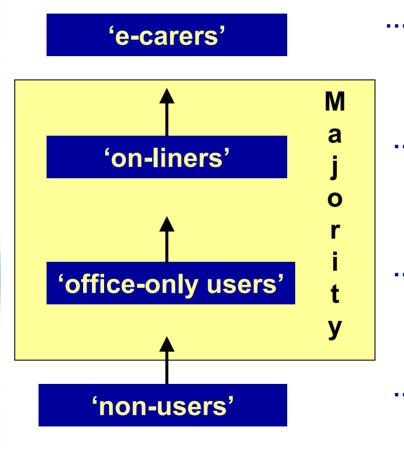
#### Source: SeniorWatch, 2002

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# Older European's interest in eHealth applications



# Are European home care providers ready to utilise IST solutions ?



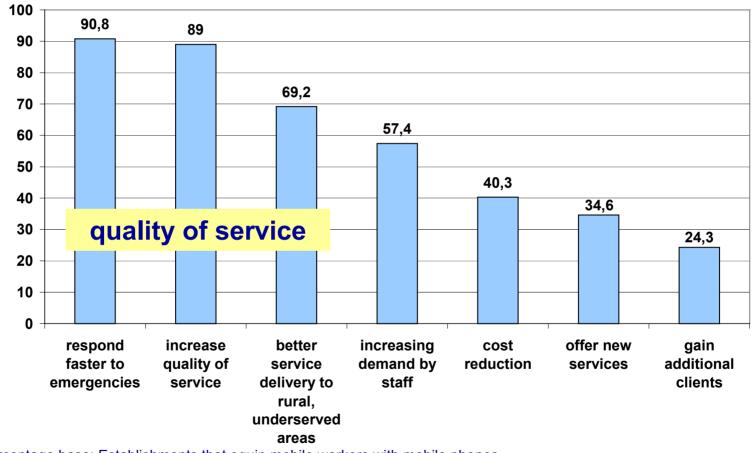
- ... utilise IST for the purpose delivering care to the client (e.g. mobile staff support, monitoring)
- ... maintain an Internet presence (not interactive)
- ... utilise IST (e.g. PC) for administrative purposes

... do not at all use IST (apart from fixed telephony)

Source: SeniorWatch, 2002

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# Motivation for equipping field staff with IST



Percentage base: Establishments that equip mobile workers with mobile phones, laptops or hand held computers, weighted according to European market share

Source: SeniorWatch, 2002

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Challenge I: How can ICT solutions be brought into day-to-day home care practice ?

- On a pilot basis, user benefits have been proved many times. <u>But were is the business case ?</u>
- In many pilot projects, new ICT solutions have been developed in a specific context and on an 'ad-hoc' basis. <u>But were to buy generic and scalable</u> <u>systems ?</u>
- Considerable efforts have been made to develop reliable technology components. <u>But were to buy</u> <u>plug-and-play solutions ?</u>

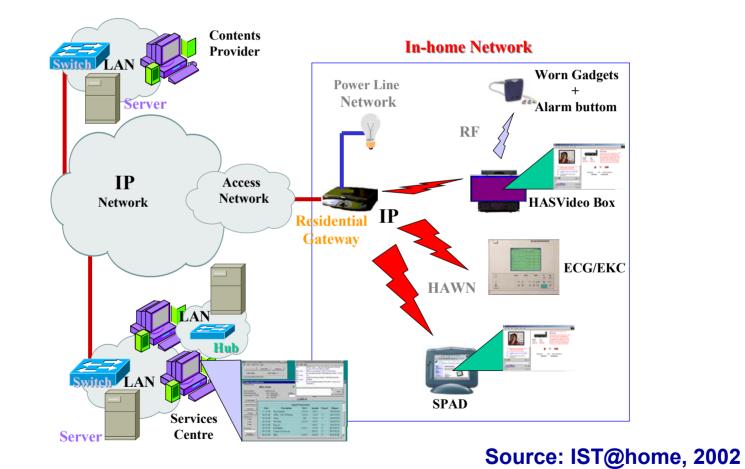


## Challenge II: How can potential demand be turned into actual demand ?

- Like any other age group, the older population covers the same range of IST involvement and relevant skills. <u>But were can the 'digitally</u> <u>challenged' and the functional restricted obtain</u> <u>IST solutions that are easy to use/understand ?</u>
- In general, older people take a very pragmatic approach with respect to utilising IST for their purpose. <u>But how can they gain a better picture</u> <u>about the benefits IST solutions may hold for</u> <u>them ?</u>



#### Challenge III: How to exploit converging technologies & services for the purpose of supporting independent living?





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